

SCIENTIFIC PROGRAM & LEARNING OBJECTIVES

Club Med Ixtapa
February 3-10, 2018

Emergencies in daily practice: What every clinician needs to know about cardiology, dermatology, infectious diseases, allergies, ADHD, and pain management

Dear colleagues,

All clinicians, regardless of their specialty, face medical emergencies on a daily basis that often lie outside their usual field of expertise. Emergencies can sometimes go unnoticed and may have serious consequences if they are not detected and treated quickly. The scientific committee is proud to present Emergencies in Daily Practice, bringing together international experts from Europe, the United States, and Canada, to help family physicians and a range of medical specialists learn to deal with emergency symptoms and pathologies. This will be a unique, multidisciplinary event, with something for everyone. A total of 15 hours of training and a self-evaluation session will be offered.

CME registration fee (all amounts in CAD):

- Physicians and other professionals concerned: \$395
- Residents: \$1195
- This registration fee is only required of participants who wish to obtain a certificate of attendance
- Spouses and companions may attend seminars at no cost
- For information on accommodation or registration, please contact Mr. Gabriel Boisjoly at Cameleo CME: 1-800-590-5995/gabriel@cameleoCME.com

Members of the Scientific Committee, guest speakers, and members of the Planning Committee:

- **Mr. Gabriel Boisjoly**, Co-owner, Cameleo CME
- **Mrs. Karen Bourret**, Events Manager, Cameleo CME
- **Dr. Gilles Brousseau**, Family Physician, Chair of the Scientific Committee
- **Dr. Bernard Ganin**, Cardiologist, Hôpital Laval
- **Dr. Alix Dufresne**, Family Physician, Hôpital Santa-Cabrini
- **Dr. Suzanne Fontaine**, Radiologist, Montreal
- **Dr. Patrick Gimes**, Anesthesiologist, Head of the Pain Management, Psychosomatic Medicine, and Functional Disease Department, Montpeller University Hospital Centre
- **Dr. German Henostroza**, Internal Medicine, Infectious Diseases, Associate Professor of Medicine and Director of the Gorgas Center for Geographic Medicine, University of Alabama at Birmingham
- **Dr. Karine Issa-Ei-Khouly**, Allergist and Clinical Immunologist, Hôpital de Verdun, CIUSSS Centre-Sud-de-l'Île-de-Montreal, Clinique d'allergie et d'asthme de Montréal
- **Mr. Julien Martel**, Co-owner, Cameleo CME
- **Dr. Eiman Nasser**, Dermatologist and Mohs Surgeon, Nasser Medical Centre, Vancouver
- **Mrs Rachel Pelland**, CME Coordinator, Cameleo CME
- **Dr. Rishi Puri**, Interventional Cardiologist, Rennes University Hospital, Pontchaillou University Hospital Centre
- **Dr. Sophie Rivard**, Family Physician, Chicoutimi
- **Dr. Annick Vincent**, Psychiatrist, Clinique FOCUS, Saint-Augustin-de-Desmaures

9:00-9:15 a.m.

Wednesday, February 7, 2018

Opening remarks
Dr. Quoc-Dien Trinh, Dr. Gilles Brousseau
Gabriel Boisjoly and Julien Martel, Cameleo CME

9:15-12:30 p.m.
including a 15-
minute break

ADHD or Pseudo-ADHD: The Hidden Aspects of the Disorder
When Diagnosis Becomes Urgent
Dr. Annick Vincent
Psychiatrist, Clinique FOCUS - Saint-Augustin-de-Desmaures

Patients come to our offices with urgent needs due to chronic problems whose impacts may lead to situations that must be addressed quickly. This training session takes a practical approach to problems that can interfere with attention processes and the ability to self-modulate. It will address how to detect attention deficits associated with an anxiety disorder, mood disorders due to thymic variations, ADHD, personality-related factors, and poor lifestyle habits. Participants will have a chance to review what science has taught us about ADHD and its impacts at different life stages, including the risk of accidents requiring emergency interventions.

- By the end of this presentation, participants will be able to:
- Distinguish how the ADHD brain operates
- Recognize the impacts of self-modulation difficulties associated with ADHD at different life stages
- Identify factors that can modulate or imitate ADHD clinical symptoms in order to better determine therapeutic strategies

12:30 p.m.

Lunch

2:00-3:30 p.m.

Dermatology 911

Dr. Eiman Nasser,
Dermatologist and Mohs Surgeon, Nasser Medical Centre, Vancouver

- By the end of this presentation, participants will be able to:
- Recognize rashes that represent a dermatological emergency
- Identify dermatological signs and symptoms that require rapid medical attention
- Investigate and manage emergency rashes correctly

3:30-3:45 p.m.

Break

3:45-5:15 p.m.

Common and Confusing Rashes

Dr. Eiman Nasser,
Dermatologist and Mohs Surgeon
Nasser Medical Centre, Vancouver

- By the end of this presentation, participants will be able to:
- Identify and differentiate between the most common skin rashes including eczemas, infectious eruptions, and drug rashes
- Learn the appropriate work-up and management of these conditions

Thursday, February 8, 2018

9:00–10:30 a.m. **General cardiology emergencies**

Dr. Rishi Puri

Guest Interventional Cardiologist, CHU de Rennes, Pontchaillou University Hospital Centre

By the end of this presentation, participants will be able to:

- Detect and treat patients with acute coronary syndrome
- Identify when to transfer patients or administer thrombolysis following myocardial infarction
- Apply new methods of treating heart failure and cardiac arrhythmia

10:30–10:45 a.m. Break

10:45–11:30 a.m. **Option 1
TAVI: What All Physicians Need to Know**

Dr. Rishi Puri

Guest Interventional Cardiologist, CHU de Rennes, Pontchaillou University Hospital Centre

By the end of this presentation, participants will be able to:

- Describe the etiology of severe aortic stenosis, its pathophysiology and diagnosis, and potential treatments
- Analyze evidence and indications with regard to transcatheter aortic valve implantation (TAVI)
- Recognize patients who need specialized care, those who would benefit from a TAVI, and those who would not
- Monitor patients who have had a TAVI

11:30–12:15 p.m. **PCSK9 inhibitors**

Dr. Rishi Puri

Guest Interventional Cardiologist, CHU de Rennes, Pontchaillou University Hospital Centre

By the end of this presentation, participants will be able to:

- Describe the latest data on reducing LDL cholesterol
- Apply the most recent guidelines on evaluating the risk of atherosclerosis
- Analyze evidence and concrete indications of PCSK9 inhibitors
- Identify patients who would benefit from PCSK9 inhibitors

11:30–12:15 p.m. **Option 2
Food Desensitization or How to Cure Food Allergies**

Dr. Karine Issa-El-Khoury

Allergist and Clinical Immunologist, Hôpital de Verdun CIUSSS Centre-Sud-de-l'Île-de-Montreal, Clinique d'allergie et d'asthme de Montréal

By the end of this presentation, participants will be able to:

- Describe the epidemiology and impact of food allergies
- Describe the latest data and research on desensitizing food allergies in children
- Distinguish between food allergy desensitization and tolerance
- Establish the efficacy and safety of oral immunotherapy
- Apply current guidelines on preventing food allergies

12:15 p.m. Lunch

2:00–3:30 p.m. **Profile of Chronic Pain Patients and Caregivers**

Dr. Patrick Glines

Anesthesiologist, Head of the Pain Management, Psychosomatic Medicine, and Functional Diseases Department, Montpellier University Hospital Centre

By the end of this presentation, participants will be able to:

- Detect patient personality structures in order to tailor what they tell patients and how
- Summarize verbal and nonverbal symptoms during short, and sometimes urgent, medical consultations
- Illustrate neurological theory on pain relief and the biopsychosocial model relevant to each medical specialty
- Appreciate the importance of doctors' appearance and personality in therapeutic relationships with chronic pain patients

3:30–3:45 p.m. Break

3:45–4:30 p.m.

**Option 1
Painkillers and Nondrug Pain Relief Methods**

Dr. Patrick Glines

Anesthesiologist, Head of the Pain Management, Psychosomatic Medicine, and Functional Diseases Department, Montpellier University Hospital Centre

By the end of this presentation, participants will be able to:

- Identify the three levels and five new pillars of pain relief
- Understand the principles of hypnoanalgesia, therapeutic education, music therapy, and art in nondrug pain relief methods

4:30–5:15 p.m.

Loving Fibromyalgia Patients

Dr. Patrick Glines

Anesthesiologist, Head of the Pain Management, Psychosomatic Medicine, and Functional Diseases Department, Montpellier University Hospital Centre

By the end of this presentation, participants will be able to:

- Describe the symptoms of fibromyalgia and its two mechanisms
- Unlock the secrets of this illness by looking at its social history and psychic impact, as well as ways for doctors to cope with their own powerlessness

3:45–5:15 p.m.

**Option 2
Allergy Emergencies**

Dr. Karine Issa-El-Khoury

Allergist and Clinical Immunologist, Hôpital de Verdun CIUSSS Centre-Sud-de-l'Île-de-Montreal, Clinique d'allergie et d'asthme de Montréal

By the end of this presentation, participants will be able to:

- Recognize and treat anaphylaxis
- Recognize and investigate angioedema
- Describe angioedema treatments

Friday, February 9, 2018

8:30–11:45 a.m., including a 15-minute break

Tropical and non-Tropical Medical emergencies

Dr. German Henostroza
Internal Medicine, Infectious Diseases, University of Alabama at Birmingham, Associate Professor of Medicine and Director of the Gorgas Center for Geographic Medicine

By the end of this presentation, participants will be able to:

- Identify infectious conditions requiring immediate action in their office
- Identify infectious conditions in adults requiring an emergency transfer to an acute care facility
- Understand the epidemiology measures to put in place for prompt management of close contacts with patients with a serious infectious disease.

11:45 a.m.–12:45 p.m. **Self-Assessment Session**

Facilitators: Dr. Quoc-Dien Trinh, Dr. Gilles Brousseau

By the end of this presentation, participants will be able to:

- Assess their ability to integrate the knowledge they gained from their training activity and identify personal knowledge gaps in order to draw up a self-directed learning plan on topics relevant to their practice
- Choose one or two topics to study in more depth and select the required resources to do so

GENERAL INFORMATION AND RATES

All amounts are in CAD

CME registration fee:

- Physicians and other professionals concerned: \$395
- Medical residents: \$195
- This fee is applicable only to those who want a certificate of attendance.
- Spouses and companions can attend the sessions free of charge.

Club Med Rates

- Club Room: \$1,699
- Family Club Room: \$1,699
- Club Room with Ocean View: \$1,889
- Connecting Club Rooms: \$2,099
- Deluxe Room with Balcony: \$1,979
- Deluxe Room with Ocean View: \$2,149
- 5 Trident Family Suite: \$2,989
- 5 Trident Couple Suite: \$2,989

- Rate per person, double occupancy, taxes included
- Does not include 0.10% in fees for the compensation fund for customers of travel agents (FICAV)
- Rates are valid until September 15, 2017, but may change after that date
- Free Wi-Fi throughout the week
- All-inclusive package: meals and alcohol included on an unlimited basis

Kids Rates

- Free for kids under four
- Rate per child age 4 to 12: From \$549
- Rate per child age 13 to 15: From \$799
- Please note: Children's rates vary with the type of room

Annual Club Med Membership Fees

You must also pay Club Med annual membership fees. The fees are valid for one year as of the date of issue and allow you to stay in any Club Med around the world. If you already hold a valid Club Med membership, you do not have to pay again. If your trip is cancelled, these Club Med membership fees will not be reimbursed, but your membership will remain valid for one year.

- Membership fee per adult: \$60
- Membership fee per child under age 15: \$30

Airline Tickets

Airline tickets are not included in the rates. You are free to travel with the airline of your choice whenever convenient.

Ground Travel

The Club Med is 30 km from the airport. The trip takes about 30 minutes. If you like, Club Med can take care of your ground travel for a cost of \$38 per person.

Certificate of Attendance

Your certificate will be sent to you by email after the event.

Cancellation Policy

A \$750 deposit per person will be charged to your credit card when you make your booking. The balance will be payable by credit card on October 1, 2017. You can cancel your registration at any time before September 30, 2017, without financial penalty. Club Med membership fees are not reimbursed in the event of a cancellation, but they remain valid for 365 days.

SCIENTIFIC PROGRAM

	<p>Saturday, February 3, 2018 Arrival at Club Med Ixtapa</p> <p>Sunday, February 4, 2018 No CME session</p> <p>Monday, February 5, 2018 - Group cocktail reception on the beach 7:30 p.m. - Group dinner on the beach</p> <p>Tuesday, February 6, 2018 No CME session</p> <p>Wednesday, February 7, 2018 9:00 a.m. - Opening remarks - Dr. Quoc-Dien Trinh, Dr. Gilles Brousseau, Gabriel Boisjoly 9:15 a.m. - ADHD or Pseudo-ADHD: The Hidden Aspects of the Disorder - Dr. Annick Vincent 10:45 a.m. - Break 11:00 a.m. - ADHD or Pseudo-ADHD: The Hidden Aspects of the Disorder (cont.) - Dr. Annick Vincent 12:30 p.m. - End of sessions. Free Lunch 2:00 p.m. - Dermatology 911 - Dr. Elman Nasser 3:30 p.m. - Break 3:45 p.m. - Common and confusing skin rashes - Dr. Elman Nasser 5:15 p.m. - End of sessions</p> <p>Thursday, February 8, 2018 9:00 a.m. - General cardiology emergencies - Dr. Rishi Puri 10:30 a.m. - Break Option 1 10:45 a.m. - TAVI: What All Physicians Need to Know - Dr. Rishi Puri 11:30 a.m. - PCSK9 Inhibitors - Dr. Rishi Puri Option 2 10:45 a.m. - Food Desensitization or How to Cure Food Allergies - Dr. Karine Issa-El-Khoury 12:15 p.m. - End of sessions. Free lunch 2:00 p.m. - Profile of Chronic Pain Patients and Caregivers - Dr. Patrick Ginies 3:30 p.m. - Break Option 1 3:45 p.m. - Painkillers and Nondrug Pain Relief Methods - Dr. Patrick Ginies 4:30 p.m. - Loving Fibromyalgia Patients - Dr. Patrick Ginies Option 2 3:45 p.m. - Allergy Emergencies - Dr. Karine Issa-El-Khoury 5:15 p.m. - End of sessions</p> <p>Friday, February 9, 2018 8:30 a.m. - Tropical and Non-Tropical Medical Emergencies - Dr. German Henostroza 10:00 a.m. - Break 10:15 a.m. - Tropical and Non-Tropical Medical Emergencies (cont.) - Dr. German Henostroza 11:45 a.m. - Self-Assessment Session - Facilitators: Dr. Quoc-Dien Trinh, Dr. Gilles Brousseau 12:45 p.m. - End of sessions. Free lunch</p> <p>Saturday, February 10, 2018 Departure</p>
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